



NORTHERN LIGHT HEALTH BIOMETRIC PROGRAM EXEMPTION FORM (APPLIES IF CURRENTLY BREASTFEEDING OR PREGNANT)

DECLARATION

I, _____ Employee's Name (Please print) _____ Employee ID _____

certify that I and/or my spouse qualifies for a medical exemption from the **Northern Light Health Biometric** reward requirements, in accordance with the criteria listed in the criteria section below.

Northern Light organization (TAMC, Inland, etc.) _____

PARTICIPANTS

This exemption applies to:

- Employee Name (Print) _____ DOB: _____
- OR
- Spouse Name (Print) _____ DOB: _____

CRITERIA

I or my spouse:

- Is currently a participant in the Northern Light Health Employee Health Plan
- AND
- Has been pregnant within the last 3 months, is currently pregnant, or is breastfeeding

ACKNOWLEDGMENTS

- This exemption applies to the:
 - Biometric screening
 - BMI-associated HRA reward.
- I affirm that the information in this statement is true and complete.
- I understand that knowingly making a false statement is a violation of the Northern Light Health Code of Conduct, and as such may lead to discipline, up to and including termination of employment when deemed appropriate.

SIGNATURES

Employee's Signature (required for both employee and/or spouse exemption) _____ Date _____

Spouse Signature (only required if submitting for spouse exemption) _____ Date _____

Please submit the completed affidavit to **Beacon Health no later than November 30, 2019.**

Fax: (207) 973-7165
Email: beaconwellness@northernlight.org