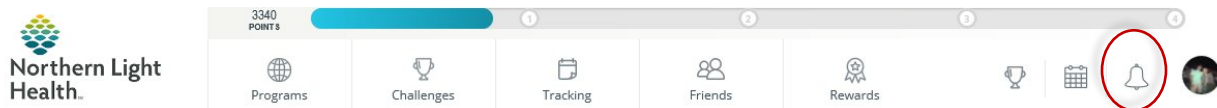


How to find your biometric info/ screening results on your VP platform

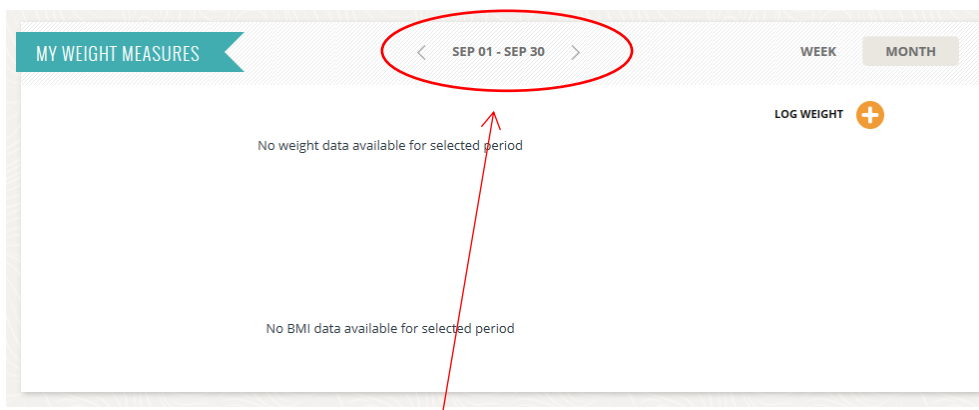
As the Northern Light Health employee wellness hub, your results from the Beacon Health Biometric Program will be shared with you on your Virgin Pulse platform as the results become available. Biometric information for participants whose values were available on the electronic medical record will be uploaded to Virgin Pulse at the end of August. Results from biometric screenings will be uploaded monthly, beginning in mid- October. Virgin Pulse will provide an alert when your results have been uploaded. Alerts are located at the top of your home page in the bell icon right next to your mini profile photo (circled in red). When there is a new alert, you will see a red number inside the bell.



It's important for you to take a look at your results on the Virgin Pulse platform because it is your responsibility to verify that Beacon Health has the biometric information needed from you. Keep in mind it may be 4 – 5 weeks after your screening before the results are uploaded, depending upon how early in the month you had your screening. If you don't see your results within 5 weeks of your screening, contact Beacon Health at 973-8273 or beaconwellness@emhs.org.

Once you've received the alert from Virgin Pulse, you will find your results by clicking on Tracking on the main menu, then "Stats" in the dropdown.

On the Stats page, scroll down to My Weight Measure, Blood Pressure, Cholesterol Measurements, and Glucose Measurements in that order.



You will find your results on the date of the testing, not the day of the upload, so you will need to navigate to the testing date by using the date arrows (shown above) at the top of the chart. For cholesterol results, you will need to select "LDL Cholesterol" in the drop down box on the right hand side. For glucose results, you will need to select "Glucose Fasting" in the drop down box on the right hand side. The date of testing will also apply for participants whose values were picked up on the electronic medical record.

Virgin Pulse is a confidential, secure, firewall-protected site in alignment with HIPAA privacy requirements.