

**2018 EMHS Biometric Screening Program
FREQUENTLY ASKED QUESTIONS**

Electronic Medical Record (EMR) Data:

Q. What data is extracted from my medical record?

A. Blood glucose, blood cholesterol, blood pressure and BMI for dates of service 1/1/2018-8/15/2018 are collected from the EMR by EMHS Clinical IS.

Q. Why did my EMR data not get extracted?

A. EMHS Clinical IS (as a business associate of the EMHS Employee Health Plan) will have made every effort to have this information collected through the electronic medical record (EMR) by using an automated and confidential data filtering system and will provide this information to Beacon Health. There are times when data cannot be extracted due to visit type, date of service, insurance, etc.

Q. If I opt out of the EMR data lift, what does that mean?

A. Your EMR data will not be extracted. You are still able to participate in the biometric screenings. If you had biometric values from previous years (i.e. blood glucose and cholesterol), they will be still considered if they meet the clinical criteria. If we need more current values you can submit those directly to Beacon Health.

Provider Forms:

Q. What type of provider can complete the form?

A. The form must be signed by a primary or specialty practice provider (MD, DO, FNP, PA-C). The visit must be performed in the provider's office.

Q. Can Beacon send the provider form to my provider?

A. It is the employee's responsibility to send the form to their provider.

Q. Can I submit results from my medical record?

A. Medical record results or patient summary visits can be submitted but must be clearly marked that the visit was performed by primary or specialty care provider. Results from the Emergency Department or Urgent Care are not accepted.

Q. Can I submit results from previous years?

A. See the clinical criteria section in this document.

Q. What is the deadline of the provider form?

A. All forms and biometric results must be received by 12/31/2018. Forms will not be accepted after this date even if the provider signs the form prior to 1/1/2019.

Note: Physician Practices may require 1-2 week turnaround in completing the provider form.

Q. What happens if my doctor's appointment is after July?

A. We encourage you to attend a screening. If you are unable to attend a screening, we recommend that you bring the provider form with you to your appointment so the provider can complete. You can email the form. Forms must be received by 12/31/2018.

Clinical Criteria:

Q. What clinical criteria are used in determining what I need to completed?

LDL	<u>You must have a valid LDL value from the current calendar year</u> OR <u>Have a valid value <190 in a previous year. Results cannot be submitted prior to 1/1/2015.</u>
Please note:	Males <i>Over the age of 35 with normal value, an LDL test will need to be repeated every 5 years. Over the age of 35 with abnormal value (above 190), an LDL test will need to be repeated annually.</i> Females <i>Over the age of 45 with normal value, an LDL test will need to be repeated every 5 years. Over the age of 45 with abnormal value (above 190), an LDL test will need to be repeated annually. (Age will be calculated as of 9/1)</i>
Glucose	<u>You must have a valid fasting glucose value from the current calendar year</u> OR <u>Have a valid value <110 in a previous year. Results cannot be submitted prior to 1/1/2015.</u>
OR	
A1C	<u>You must have a valid A1C value from the current calendar year</u> OR <u>Have a valid value <7 from a previous year. Results cannot be submitted prior to 1/1/2015.</u>
Please note:	<i>A fasting glucose or A1C value will need to be repeated every 3 years for individuals over the age of 40 or annually if values are outside of the aforementioned criteria. (Age will be calculated as of 9/1)</i>
Blood Pressure And BMI	Blood pressure and BMI values must be submitted annually.

Qualified Engagement Form:

Q. If I participate in health coaching with a provider outside of Beacon Health or EMHs, am I still able to receive the qualified engagement credit?

A. Yes, however you must submit a copy of the health coach or trainer's certification along with your completed Qualified Engagement Form.